



LCB's Guide to Social Distancing

How To's of Video Chatting

[FaceTime](#): video and audio calls from your iPhone, iPad, or Apple computer.

[Skype](#): messaging and video & audio calls from your computer or laptop.

[Facebook Messenger](#): use your Facebook account to video chat over messenger with anyone else with a Facebook account!

[Zoom](#): all you need is an email to invite friends or family to a video conference call!

[WhatsApp Messenger](#): download the free messaging app on any smartphone and video chat with others!

Remember: social distancing doesn't mean social isolation!