



May 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:45 Morning Mass 10:00 Thera Bands 10:30 Charades 2:00 Billiards, Cards & Games 2:30 Outdoor Walking Group 3:00 TV Series: The Crown	2 10:00 Strength Training 10:30 TED Talk 1:30 Outdoor Afternoon Stretch 2:00 Culinary Club 3:00 Social Hour 6:00 Monday Musical	3 9:00 Morning Mass at St. Ann Church 10:00 Barre & Balance Stretch 11:30 <u>Lunch Outing: Kugel's Deli</u> 1:30 Tai Chi/Qi Gong 2:00 Crafting: <i>Tissue Paper Wreaths for Mother's Day</i> 3:00 Social Hour 6:00 Stand Up Comedy Special	4 Happy Birthday Lyn! 8:45 Morning Mass 10:00 Thera Bands Full Body Exercise 10:30 Garden Club 1:30 Barre & Balance 2:00 Spring Poetry Series 3:00 Social Hour 6:00 Film: Viewer's Choice	5 All Day Cinco De Mayo! 10:00 Invigorating Tai Chi/Qi Gong 10:30 5 Things You Didn't Know About Cinco de Mayo 1:30 Mariachi and Move! 2:00 Fiesta Fun and Games! 3:00 Salsa Tasting and Margaritas Social! 6:00 Coco The Movie	6 8:45 Morning Mass 10:00 Dumbbell Strong 10:30 Trivia Challenge! 11:00 Errand Outing 1:30 Michael Leiding Piano Concert 2:30 Outdoor Walking Group 3:00 Social Hour 6:00 Friday Film Special!	7 10:00 Strength Training 10:30 Rick Steves Travel! 1:30 Thera Bands 2:00 Open Art Studio with Chantal! 2:30 This Week in the News 3:00 Afternoon Movie Matinee
8 Mother's Day 8:45 Morning Mass 10:00 Thera Bands 10:30 Charades 2:00 Tea and Baking Cookies with Chantal! 2:30 Outdoor Walking Group 3:00 TV Series: The Crown	9 10:00 Strength Training 10:30 TED Talk 1:30 Outdoor Afternoon Stretch 2:00 Culinary Club 3:00 Social Hour 6:00 Monday Musical	10 9:00 Morning Mass at St. Ann Church 10:00 Barre & Balance Stretch 1:00 <u>Outing: Wayland Library</u> 1:30 Tai Chi/Qi Gong 2:00 Crafting: <i>Painting Rocks for the Garden</i> 3:00 Social Hour 6:00 Stand Up Comedy Special	11 Happy Birthday Angelo! 8:45 Morning Mass 10:00 Dumbbell Strong 10:30 Name that tune!! 11:00 Jewelry Boutique with Rose Marie 1:30 Bingo with Larry! 2:30 Outdoor Walking Group 3:00 Social Hour 6:00 Film: Viewer's Choice	12 10:00 Invigorating Tai Chi/Qi Gong 10:30 Mark West Classical Piano Concert 11:00 Errand Outing 1:30 Yoga and Meditation 2:00 Veterans Coffee and Donuts 2:00 Fiddler on the Roof Presentation 3:00 Social Hour 6:00 Pop Culture Documentary	13 All Day Traditions Derby Day! 8:45 Morning Mass 10:00 Barre & Balance 10:30 Derby Gardens Presentation! 1:30 Horseshoes and Hat Design 2:30 Horse Racing Game 3:30 Derby Cocktail Party 6:00 Seabiscuit the Movie	14 10:00 Strength Training 10:30 Rick Steves Travel! 1:30 Thera Bands 2:00 Open Art Studio with Chantal! 2:30 This Week in the News 3:00 Afternoon Movie Matinee
15 8:45 Morning Mass 10:00 Thera Bands 10:30 <u>Outing: Paws in the Park Charity Event</u> 10:30 Charades 2:00 Billiards, Cards & Games 2:30 Outdoor Walking Group 3:00 TV Series: The Crown	16 10:00 Strength Training 10:30 TED Talk 1:30 Outdoor Afternoon Stretch 2:00 Culinary Club 3:00 Social Hour 6:00 Monday Musical	17 9:00 Morning Mass at St. Ann Church 10:00 Barre & Balance Stretch 12:00 <u>Take In Lunch: Middle Eastern Mezze</u> 1:30 Tai Chi/Qi Gong 2:00 Resident Council 3:00 Social Hour 6:00 Stand Up Comedy Special	18 8:45 Morning Mass 10:00 Thera Bands Full Body Exercise 10:30 Garden Club 1:00 Barre & Balance 1:30 Chris Carter Acoustic Guitar Concert 3:00 Social Hour 6:00 Film: Viewer's Choice	19 10:00 Invigorating Tai Chi/Qi Gong 10:30 Nail Spa 11:00 Errand Outing 1:30 Yoga and Meditation 2:00 Wild West in the Movies Presentation 3:00 Social Hour 6:00 Arts & Cultural Documentary	20 8:45 Morning Mass 10:00 Dumbbell Strong 10:30 Trivia Challenge! 1:30 Bingo with Larry! 2:30 Outdoor Walking Group 3:00 Social Hour 6:00 Friday Film Special!	21 National Wedding Day 10:00 Strength Training 10:30 Rick Steve Travels 1:30 Thera Bands 2:00 Open Art Studio with Chantal! 2:30 <i>Wedding Traditions Around the World!</i> 3:00 Afternoon Movie Matinee
22 8:45 Morning Mass 10:00 Dumbbell Exercise 10:30 Charades 2:00 Billiards, Cards & Games 2:30 Outdoor Walking Group 3:00 TV Series: The Crown	23 10:00 Strength Training 10:30 Culinary Club 1:30 Steve King Keyboard Concert and Sing Along 2:30 Outdoor Afternoon Stretch 3:00 Social Hour 6:00 Monday Musical	24 9:00 Morning Mass at St. Ann Church 10:00 Barre & Balance Stretch 11:15 <u>Lunch Outing: Wayside Inn</u> 1:30 Tai Chi/Qi Gong 2:00 Crafting: <i>Bookmarks</i> 3:00 Social Hour 6:00 Bingo with Chantal!	25 8:45 Morning Mass 10:00 Thera Bands Full Body Exercise 10:30 Garden Club 1:30 Barre & Balance 2:00 Book Club Meeting 3:00 Social Hour 6:00 Film: Viewer's Choice	26 10:00 Invigorating Tai Chi/Qi Gong 10:30 Nail Spa 11:00 Errand Outing 1:30 Yoga and Meditation 2:00 Queens of Comedy Presentation 3:00 John Clark Presentation with Refreshments 6:00 Nature Documentary	27 8:45 Morning Mass 10:00 Dumbbell Strong 10:30 Name that tune!! 1:30 Bingo with Larry! 2:30 Outdoor Walking Group 3:00 Social Hour 6:00 Charades with Chantal!	28 10:00 Strength Training 10:30 Rick Steves Travel! 1:30 Thera Bands 2:00 Open Art Studio with Chantal! 2:30 This Week in the News 3:00 Afternoon Movie Matinee
29 8:45 Morning Mass 10:00 Dumbbell Exercise 10:30 Charades 2:00 Billiards, Cards & Games 2:30 Outdoor Walking Group 3:00 TV Series: The Crown	30 Memorial Day 10:00 Strength Training 10:30 TED Talk 1:30 Outdoor Afternoon Stretch 2:00 Culinary Club 3:00 Social Hour 6:00 Monday Musical	31 9:00 Morning Mass at St. Ann Church 10:00 Barre & Balance Stretch 11:00 <u>Outing: Mini Golf</u> 1:30 Tai Chi/Qi Gong 2:00 Crafting: <i>Charcoal Drawings</i> 3:00 Social Hour 6:00 Bingo with Chantal!				

calendar subject to change Be on the lookout for additional engagement events in the coming weeks for memorial day and more!