

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>JUNE 2022</h1> 			1 8:45 Morning Mass 10:00 Thera Bands Full Body Exercise 10:30 Garden Club 1:30 Barre & Balance 2:00 Hearts Card Game Group 3:00 Social Hour 6:00 Film: Viewer's Choice	2 10:00 Invigorating Tai Chi/Qi Gong 10:30 Nail Spa 1:30 Yoga and Meditation 2:00 <i>Vantage Healthcare Meet and Greet</i> 3:00 Social Hour 6:00 Greatest Events WWII Documentary Series	3 8:45 Morning Mass 10:00 Dumbbell Strong 10:30 Trivia Challenge! 1:30 Bingo with Larry! 2:30 Lawn Games 3:00 Social Hour 6:00 Open Billiards Tournament	4 10:00 Strength Training 10:30 Open Art Studio with Chantal! 1:00 Thera Bands 1:30 Hearts Card Game 2:30 Theater Movie Matinee with Popcorn
5 8:45 Morning Mass 10:00 Dumbbell Exercise 10:30 This Week in the News 2:00 Billiards, Cards & Games 2:30 Outdoor Walking Group 3:00 TV Series: The Crown	6 10:00 Strength Training 10:30 Rick Steves Travel! 11:00 <u>Errand Outing</u> 1:30 Outdoor Walking Group 2:00 Culinary Club 3:00 Social Hour 6:00 Monday Musical	7 9:00 Morning Mass 10:00 Barre & Balance Stretch 10:30 Pictionary 12:30 <u>Outing: Mini Golf</u> 1:30 Tai Chi/Qi Gong 2:00 Crafting: Seashell Frames 3:00 Social Hour 6:00 David Letterman Late Night	8 8:45 Morning Mass 10:00 Thera Bands Full Body Exercise 10:30 Garden Club 1:30 Barre & Balance 2:00 Hearts Card Game Group 3:00 Social Hour 6:00 Film: Viewer's Choice	9 10:00 Invigorating Tai Chi/Qi Gong 10:30 Mark West Piano Concert 1:30 Yoga and Meditation 2:00 Veterans Coffee and Donuts 3:00 Social Hour 4:00 Veterans Flag Ceremony 6:00 Pop Culture Documentary	10 8:45 Morning Mass 10:00 Dumbbell Strong 10:30 Trivia Challenge! 1:30 Bingo with Larry! 2:30 Lawn Games 3:00 Social Hour 6:00 Open Billiards Tournament	11 10:00 Strength Training 10:30 Open Art Studio with Chantal! 1:00 Thera Bands 1:30 Hearts Card Game 2:30 Theater Movie Matinee with Popcorn
12 8:45 Morning Mass 10:00 Dumbbell Exercise 10:30 This Week in the News 2:00 Billiards, Cards & Games 2:30 Outdoor Walking Group 3:00 TV Series: The Crown	13 10:00 Strength Training 10:30 Rick Steves Travel! 11:00 <u>Errand Outing</u> 1:30 Outdoor Walking Group 2:00 Resident Council 3:00 Social Hour 6:00 Monday Musical	14 <p style="text-align: center;">Flag Day</p> 9:00 Morning Mass 10:00 Barre & Balance Stretch 10:30 Pictionary 1:30 Tai Chi/Qi Gong 1:30 <u>Outing: Erikson's Ice Cream</u> 3:30 Clyde on the Saxophone With Refreshments! 6:00 David Letterman Late Night	15 8:45 Morning Mass 10:00 Thera Bands Full Body Exercise 10:30 Garden Club 1:30 Barre & Balance 2:00 Hearts Card Game Group 3:00 Social Hour 6:00 Film: Viewer's Choice	16 10:00 Invigorating Tai Chi/Qi Gong 10:30 Nail Spa 1:30 Yoga and Meditation 2:00 Boston History Presentation 3:00 Social Hour 6:00 Arts & Cultural Documentary	17 8:45 Morning Mass 10:00 Dumbbell Strong 10:30 Trivia Challenge! 11:45 Burgers & Brews Signature Series 3:00 Bingo with Larry! 6:00 Open Billiards Tournament	18 10:00 Strength Training 10:30 Open Art Studio with Chantal! 1:00 Thera Bands 1:30 Hearts Card Game 2:30 Theater Movie Matinee with Popcorn
19 <p style="text-align: center;">Father's Day</p> 8:45 Morning Mass 10:00 Dumbbell Exercise 10:30 Famous Fathers Trivia Challenge 2:00 Father's Day: Billiards and Bar Bites 2:30 Outdoor Walking Group 3:00 TV Series: The Crown	20 <p style="text-align: center;">Juneteenth</p> 10:00 Strength Training 10:30 TED Talk: Black Lives Matter 11:00 <u>Errand Outing</u> 1:30 Steve King Keyboard & Sing Along 2:30 Outdoor Afternoon Stretch 3:00 Social Hour 6:00 Monday Musical	21 9:00 Morning Mass 10:00 Barre & Balance Stretch 10:30 <u>Outing: Scenic Drive of Wayland</u> 1:30 Tai Chi/Qi Gong 2:00 Crafting: Essential Oils 3:00 Social Hour 6:00 David Letterman Late Night	22 8:45 Morning Mass 10:00 Thera Bands Full Body Exercise 10:30 Garden Club 1:30 Barre & Balance 2:00 Hearts Card Game Group 3:00 Social Hour 6:00 Film: Viewer's Choice	23 10:00 Invigorating Tai Chi/Qi Gong 10:30 Nail Spa 1:30 Yoga and Meditation 2:00 <i>Boston History Presentation</i> 3:00 John Clarke Presentation with Refreshments 6:00 Nature Documentary: Our Planet, One Planet	24 8:45 Morning Mass 10:00 <i>Hydration Lecture with Enhabit Home Health!</i> 11:00 Dumbbell Strong 1:30 Bingo with Larry! 2:30 Lawn Games 3:00 Social Hour 6:00 Open Billiards Tournament	25 10:00 Strength Training 10:30 Open Art Studio with Chantal! 1:00 Thera Bands 1:30 Hearts Card Game 2:30 Theater Movie Matinee with Popcorn
26 8:45 Morning Mass 10:00 Dumbbell Exercise 10:30 This Week in the News 2:00 Billiards, Cards & Games 2:30 Outdoor Walking Group 3:00 TV Series: The Crown	27 10:00 Strength Training 10:30 Rick Steves Travel! 11:00 <u>Errands Outing</u> 1:30 Outdoor Walking Group 2:00 Culinary Club 4:00 Polynesian Summer Kickoff Party: Signature Series 6:00 Monday Musical	28 9:00 Morning Mass 10:00 Barre & Balance Stretch 10:15 <u>Outing: Wayland Historical Museum</u> 10:30 Pictionary 1:30 Tai Chi/Qi Gong 2:00 Crafting: Mini Bird Houses 3:30 Piano Concert with I Heung Lee! 6:00 David Letterman Late Night	29 8:45 Morning Mass 10:00 Thera Bands Full Body Exercise 10:30 Garden Club 1:30 Barre & Balance 2:00 Hearts Card Game Group 3:00 Social Hour 6:00 Film: Viewer's Choice	30 10:00 Invigorating Tai Chi/Qi Gong 10:30 Nail Spa 1:30 Yoga and Meditation 2:00 Book Club Meeting 3:00 Social Hour 6:00 Music Documentary	<p style="text-align: center;">Happy Birthday!</p> <p style="text-align: center;">David Conlin: June 14th Bill Wing: June 29th</p>	<p style="text-align: center;"><i>Traditions</i> OF WAYLAND</p>

**engagement subject to change