

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p style="text-align: center;"><i>September 2022</i></p> <p style="text-align: center;">CALENDAR OF EVENTS TRADITIONS OF DEDHAM – INDEPENDENT & ASSISTED LIVING</p> <p style="text-align: center;"><i>Celebrating Our Twentieth Anniversary</i></p> <p style="text-align: center;">National Assisted Living Week: September 11 – 17, 2022</p>		<p>LOCATION CODE CR = Virginia McNeil Community Rm MDR = Main Dining Room AM = Arts & Media Room P = McNeil's Place Pub FR = Fireplace Room CS = Country Store V = Front Veranda FL = Front Lobby SR = Sun Room RP = Rear Patio</p>	<p>1 9:30 - 1:30 Country Store Open 10:15 Pedal Pushers (CR) 11:00 Faces & Places Trivia (CR) 2:00 Blackjack Casino Game (CR) 3:30 p.m. Front Veranda Social Hour RASPBERRY LIME RICKEY COCKTAILS 4:00 Afternoon Stretch (CR) 6:45 Bingo Game (CR)</p>	<p>2 10:00 Rosary & Communion (SR) 11:00 Exercise Class (CR) 11:30 a.m. & 12:45 p.m. Main Dining Rm. LABOR DAY WEEKEND COOKOUT 2:00 ORCHESTRA-OF-ONE (CR) with Accordionist Susan McLeod 3:30 Happy Hour (V) 3:30 Tai Chi - Dr. Paul Lam (CR) 6:45 Cinema Night (CR)</p>	<p>3 10:15 Weight Workout (CR) 11:00 Fascinating Facts (CR) 1:00 "Good Sports" with Mike (CR) 2:00 Horse Race Game (CR) 3:30 Cornhole Game (CR) 3:30 Coffee & Conversation (P) 4:30 Tech Support (CR) 6:45 Silver Screen Classics (CR)</p>
<p>4 10:00 Catholic Mass (AM) 11:00 Stretch & Strength (CR) 1:30 Walking Club (FL) 2:00 Afternoon Bingo (CR) Free Admission Sundays 3:15 "Interesting Idioms" Game (CR) 6:45 Hollywood Heyday (CR)</p>	<p>5 LABOR DAY 10:15 Barre & Balance Class (CR) 11:00 Labor Day Work-A-Day Trivia (CR) <i>Catholic Worship Resumes September 12</i> <i>Visual Art Class Resumes September 12</i> 2:00 "WORKING OVERTIME" Game (CR) Labor Day: Celebrating Our Jobs & Careers 3:30 Cocktail Cart & Show Tunes (V) with Marlene Taymor & Gary Poholek 4:30 Yoga (CR) 6:45 Movie Night (CR)</p>	<p>6 9:30 - 1:30 Country Store Open (CS) 10:15 Calisthenics with Kelly (CR) 11:00 New England Trivia (CR) 1:30 Local Errands (Sign Up) 2:00 Current Events (CR) 3:30 "Wordies" Game (CR) 4:15 Afternoon Stretch (CR) 6:45 Bingo Game (CR)</p>	<p>7 10:15 Barre & Balance Class (CR) 11:00 Trivia Challenge (CR) 1:00 Officer Cronin's Canine Visits (CR) 2:00 Residents General Meeting (CR) with Executive Director Tish Davies-Verzino 3:30 Happy Hour (V) 3:30 Tai Chi - Dr. Paul Lam (CR) 6:45 GREAT LADIES OF SONG (CR) Female Vocalists of the Swing Time Era with Inspirational Speaker John Clark</p>	<p>8 9:30 - 1:30 Country Store Open 10:15 Pedal Pushers (CR) 11:00 Faces & Places Trivia (CR) 12:00 MEN'S BISTRO LUNCHEON (SR) with Dining Services Director Bill Souza 2:00 Blackjack Casino Game (CR) 3:00 Bible Study Group (SR) 3:30 "This Is Jeopardy" Game (CR) 4:00 Afternoon Stretch (CR) 6:45 Bingo Game (CR)</p>	<p>9 10:00 Rosary & Communion (SR) with St. Mary's Church Eucharistic Ministers 11:00 Exercise Class (CR) 2:00 THE AMERICAN SONGBOOK (V) with Vocalist Bob DiCicco 3:30 Happy Hour (V) 3:30 Tai Chi - Dr. Paul Lam (CR) 6:45 Cinema Night (CR)</p>	<p>10 10:15 Weight Workout (CR) 11:00 Fascinating Facts (CR) 1:00 "Good Sports" with Mike (CR) 2:00 Horse Race Game (CR) 3:30 Toss Challenge Game (CR) 3:30 Scrabble Games (P) 4:30 Tech Support (CR) 6:45 Silver Screen Classics (CR)</p>
<p>11 GRANDPARENTS DAY 10:00 Catholic Mass (AM) 11:00 Stretch & Strength (CR) 11:30 a.m. & 12:45 p.m. Main Dining Rm. GRANDPARENTS DAY BRUNCH 1:30 Walking Club (FL) 2:00 Afternoon Bingo (CR) 3:15 "Famous Phrases" Game (CR) 6:45 Hollywood Heyday (CR)</p>	<p>12 10:15 Barre & Balance Class (CR) 2:00 Table-Top Board Games (P) 2:00 Rosary & Prayer Group (CR) Fr. Joseph McDermott & Aldina Rodrigues 3:00 Visual Art Class with Marcia (SR) 3:00 p.m. Community Room JOYFUL MOMENTS SLIDE SHOW Celebrate National Assisted Living Week 4:30 Chair Yoga (CR) 6:45 Cinema Classics (CR)</p>	<p>13 9:30 - 1:30 Country Store Open 10:15 Calisthenics with Kelly (CR) 11:00 New England Trivia (CR) 1:30 Local Errands (Sign Up) 2:30 CORNHOLE TOURNAMENT (CR) Residents vs. Associates - Prizes Awarded 3:30 "Wordies" Game (CR) 4:15 Afternoon Stretch (CR) 6:45 Bingo Game (CR)</p>	<p>14 10:15 Barre & Balance Class (CR) 11:00 Trivia Challenge (CR) 1:00 Bus Trip to Millennium Park (Sign Up) LANDSCAPE PAINTING EN PLEIN AIR with Art Instructor Marcia Estabrook 2:00 NAME THAT TUNE BINGO (CR) with Pianist Marlene Taymor - Special Prizes 3:30 Happy Hour (V) 3:30 Tai Chi - Dr. Paul Lam (CR) 6:45 "Wheel of Fortune" Game (CR)</p>	<p>15 9:30 - 1:30 Country Store Open 10:15 Pedal Pushers (CR) 11:00 Faces & Places Trivia (CR) 2:30 p.m. - 3:30 p.m. Front Veranda OLD FASHIONED ICE CREAM SOCIAL for Traditions Residents & Associates 3:30 Blackjack Casino Game (CR) 4:00 Afternoon Stretch (CR) 6:45 Bingo Game (CR)</p>	<p>16 10:00 Rosary & Communion (SR) with St. Mary's Church Eucharistic Ministers 11:00 Exercise Class (CR) 2:00 OLD TIME ROCK & ROLL (V) with Pianist & Vocalist Chuck Dee 3:30 Happy Hour (V) 3:30 Tai Chi - Dr. Paul Lam (CR) 6:45 Cinema Night (CR)</p>	<p>17 10:15 Weight Workout (CR) 11:00 Fascinating Facts (CR) 11:30 a.m. & 12:45 p.m. Main Dining Rm. END-OF-SEASON COOKOUT 1:00 "Good Sports" with Mike (CR) 2:00 Horse Race Game (CR) 3:30 Cornhole Game (CR) 3:30 Coffee & Conversation (P) 4:30 Tech Support (CR) 6:45 Silver Screen Classics (CR)</p>
<p>18 10:00 Catholic Mass (AM) 11:00 Stretch & Strength (CR) 1:30 Walking Club (FL) 2:00 Afternoon Bingo (CR) Free Admission Sundays 3:15 "All-Time Adages" Game (CR) 6:45 Hollywood Heyday (CR)</p>	<p>19 10:15 Barre & Balance Class (CR) 2:00 Table-Top Board Games (P) 2:00 Catholic Mass (CR) Fr. Joseph McDermott & Aldina Rodrigues 3:00 Visual Art Class with Marcia (SR) 3:00 Cribbage Game (P) 3:30 Explore America State Series (CR) 4:30 Chair Yoga (CR) 6:45 Cinema Classics (CR)</p>	<p>20 9:30 - 1:30 Country Store Open (CS) 10:15 Calisthenics with Kelly (CR) 11:00 New England Trivia (CR) 1:30 Local Errands (Sign Up) 2:00 Current Events (CR) 3:30 "Wordies" Game (CR) 4:15 Afternoon Stretch (CR) 6:45 Bingo Game (CR)</p>	<p>21 10:15 Barre & Balance Class (CR) 11:00 Trivia (CR) 1:00 Canine Visits (CR) 1:30 End-of-Season Bus Trip (Sign Up) HISTORIC NANTASKET BEACH 2:00 WOODEN SIGN WORKSHOP (CR) Create an Original One-of-a-Kind Sign 3:30 Happy Hour (V) 3:30 Tai Chi (CR) 6:45 BROADWAY'S GOLDEN AGE (CR) Michael Goodwin's Special Guest Vocalist</p>	<p>22 FIRST DAY OF AUTUMN 9:30 - 1:30 Country Store Open 10:15 Exercise (CR) 11:00 Trivia (CR) 12:00 p.m. Sun Room with Bill Souza SEPTEMBER BIRTHDAY BISTRO 2:00 Blackjack Casino Game (CR) 3:30 Interdenominational Worship (SR) Church Service with Pastor Jim Butler 4:00 Stretch (CR) 6:45 Bingo (CR)</p>	<p>23 10:00 Rosary & Communion (SR) 11:00 Exercise Class (CR) 12:00 ANNIVERSARY 20th CAKE (MDR) 2:00 Outdoor "Walk-for-A-Cure" (V) Show Support for Alzheimer's Awareness 2:30 GOLDEN OLDIES CONCERT (V) with Vocalist Brian Johnson 3:30 Happy Hour (V) 3:30 Tai Chi (CR) 6:45 Cinema Night (CR)</p>	<p>24 20TH ANNIVERSARY 10:15 Weight Workout (CR) 11:00 Fascinating Facts (CR) 1:00 "Good Sports" with Mike (CR) 2:00 Horse Race Game (CR) 3:30 Toss Challenge Game (CR) 3:30 Scrabble Games (P) 4:30 Tech Support (CR) 6:45 Silver Screen Classics (CR)</p>
<p>25 ROSH HASHANAH 10:00 Catholic Mass (AM) 11:00 Stretch & Strength (CR) 1:30 Walking Club (FL) 2:00 SPIRITO TRIO CONCERT (CR) Yiddish Music in Observance of Rosh Hashanah: "Shanah Tovah" 3:15 Kosher Kocktail Kart (V) 6:45 Hollywood Heyday (CR)</p>	<p>26 10:15 Barre & Balance Class (CR) 2:00 Table-Top Board Games (P) 2:00 Rosary & Prayer Group (CR) Fr. Joseph McDermott & Aldina Rodrigues 3:00 Visual Art Class with Marcia (SR) 3:00 Cribbage Game (P) 3:30 Explore America State Series (CR) 4:30 Chair Yoga (CR) 6:45 Cinema Classics (CR)</p>	<p>27 9:30 - 1:30 Country Store Open (CS) 10:15 Calisthenics with Kelly (CR) 11:00 New England Trivia (CR) 1:30 Local Errands (Sign Up) 2:00 Current Events (CR) 3:30 "Wordies" Game (CR) 4:15 Afternoon Stretch (CR) 6:45 Bingo Game (CR)</p>	<p>28 10:15 Barre & Balance Class (CR) 11:00 Trivia Challenge (CR) 11:00 Bus Trip Departure Time (Sign Up) CAPRON PARK ZOO & PICNIC LUNCH 2:00 "Person-Place-Thing" Game (CR) 3:30 Happy Hour (V) 3:30 Tai Chi - Dr. Paul Lam (CR) 6:45 "Price Is Right" Game (CR) Interactive Game Show - Prizes Awarded</p>	<p>29 9:30 - 1:30 Country Store Open 10:15 Pedal Pushers (CR) 11:00 Faces & Places Trivia (CR) 2:00 Blackjack Casino Game (CR) 3:30 "This Is Jeopardy" Game (CR) 4:00 Afternoon Stretch (CR) 6:45 Bingo Game (CR)</p>	<p>30 10:00 Rosary & Communion (SR) with St. Mary's Church Eucharistic Ministers 11:00 Exercise Class (CR) 2:00 SWINGING STANDARDS (V) with Vocalist Omer Giguere 3:30 Happy Hour (V) 3:30 Tai Chi - Dr. Paul Lam (CR) 6:45 Cinema Night (CR)</p>	<p style="text-align: center;">Traditions of Dedham 735 Washington St. Dedham, MA 02026 781.251.9330</p>